

NADAP E-GRAM

Navy Alcohol and Drug Abuse Prevention

AUGUST 2012

Naval Station Mayport CSADD Chapter Holds an Alcohol Awareness Event

During the month of June, CSADD members at Naval Station Mayport came together to hold an alcohol awareness event to promote something they all stood for – Responsible drinking.

"Party like a Professional and Drink Responsibly" was the motto for the event. The theme conveyed the message that if you are going to drink, then do it professionally and responsibly, ensure that you always have a plan and that you execute that plan.

"We knew that the 4th of July was coming up and many people tend to drink during the holidays so we wanted to raise a little awareness, with a little flare," said, ITC (SEL) Amanda Aguila, CSADD member. The event involved CSADD members dressing up in professional attire and carrying signs promoting "Party like a professional". CSADD members also wanted to commend and recognize those who volunteer to be the Designated Drivers. Members created signs with "Honk for Designated Drivers" and were greeted with lots of participation and "horn" blowing.



MAYPORT
Guidance for a Better Sailor

CSADD is a Navy-wide program geared at young Sailors (ages 18 to 25) aimed at reinforcing a culture of shipmates helping shipmates, while preventing destructive behavior and building leadership skills. The program gives young Sailors the opportunity to help each other through peer-to-peer interaction.

"It was a great time, and we plan on doing this again in the near future. We want the base to know that CSADD is not a "goody goody" association and we are not party crashers."

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Find us on Facebook.

<https://www.facebook.com/USN.NADAP>



ARE YOU A DEFY GRADUATE?



The DEFY Program Office is looking for Active Duty and Reserve Sailors, Airmen, Soldiers, and Marines who completed the DEFY program and are interested in providing personal testimonials to be used during the 20th anniversary commemoration in 2013.

If you are a DEFY graduate, please contact the DEFY Program Office at (901) 874-3300.

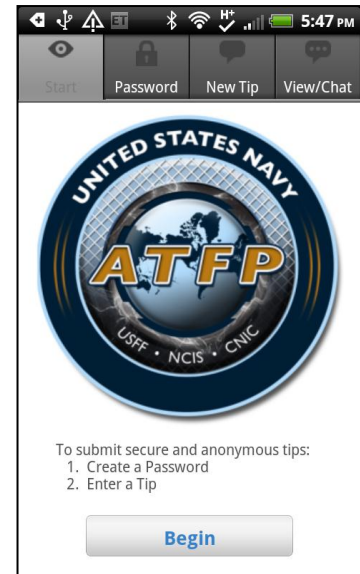
Free Smartphone APP for Reporting Suspicious Activity

U.S. Fleet Forces Command Blog, July 19, 2012

There is a new smartphone APP which enables Sailors to anonymously report suspicious activity from their iPhone or Android device and to communicate directly with the Naval Criminal Investigative Service (NCIS) Multiple Threat Alert Center.

Sailors can download the free application for Android or Apple smart phones from the App Store. This app also allows Sailors to attach pictures and send the report directly to NCIS for investigation and action. NCIS can communicate back-and-forth with the Sailor, yet the Sailor remains

anonymous. The Sailor has the power to delete a tip from their phone and break the connection with NCIS. This app provides our Sailors with a simple, yet very effective way to actually make a difference at no cost to themselves but the time it takes to make the call.



Sailor's Guide

for Substance Abuse Prevention



Knowledge is power: These pocket-sized guides address substance abuse in the Navy and provides tips, strategies, and resources to increase your awareness, understanding and control of substance abuse.

To order, visit the Navy Logistics Library at <https://nll2.ahf.nmci.navy.mil/>. Search "NADAP" in the keyword field.

TREND ALERT: New Products and Trends to Watch

Alcohol for People on the GO

The GO Tubes are marketed as “cool, trendy, stylish, and a little bit daring” alcoholic drinks for people on the GO. The tube-shaped design makes them easy to grab, go, and drink where you please. The tubes are available in a variety of flavors. *GO Extreme or don't GO at all.*



Underwear Flask Lets You Booze Where You Choose

The Freedom Flask turns your crotch into a beverage dispenser in just a few moments. Just fill the pouch with your favorite drink, strap the belt around your waist, tuck the Freedom Flask inside your pants, and you're all ready to imbibe on the sly. The dispenser nozzle lines up with your zipper and you can fill up your cup with some high-octane fluids!



Hand Sanitizer: The New Vodka

There's a new trend among teens looking for a buzz, doctors say, and it surrounds an unlikely household item designed to keep us germ-free: ethanol-based hand sanitizer. Teenagers are using it this stuff to get high, according to health officials. Poison control centers nationwide say reports are on the rise.

The big issue here is the alcohol content, says Dr. Robert J. Geller, a medical toxicologist and Emory University pediatrician. He says these sanitizers "are actually products that are 60% ethanol which means they are 120 proof," and "if you drink 2 ounces of it, it's like drinking 3 ounces of 80-proof tequila."



To read the full article visit: <http://thechart.blogs.cnn.com/2012/04/27/hand-sanitizer-the-new-vodka-for-teens/>



DEFY promotional video

In July, a contract film crew used the scenic Palomar Mountains, northwest of San Diego, as the backdrop for the new DEFY promotional video. The crew filmed youth and staff during zip line runs, DEFY lessons and presentations, hikes, dodge ball, and various other activities.. Several youth and staff from DEFY programs from NAF El Centro, NIOC San Diego, and Twenty-Nine Palms were interviewed about their experiences, perceptions about the program, and how the program is important to them as individuals as well as the Navy and Marine Corps. The video will help solicit support for current and potential local programs from local command leadership, volunteers among base personnel, and youth/parent involvement. The final product is expected to be 4-6 minutes in length and should be available in March 2013. The video will be distributed to current DEFY sites as well as commands that appear capable of sponsoring a successful local DEFY program.



Curriculum Update

The DEFY Program Office continues working to finalize a **staff training curriculum** which will provided standardized staff training across the program. The curriculum will include topics such as child abuse prevention and reporting, program requirements, and roles and responsibilities of local staff positions. The curriculum is expected to be released in March 2013.

The **DEFY curriculum** update is proceeding on schedule. The current curriculum, now over 10 years old, will be updated curriculum to include facilitator guides, resource guides, information sheets, worksheets and new video vignettes. The videos will be shorter in length and will be better matched to the facilitator guide to provide meaningful discussion and follow up of DEFY curriculum objectives. Some Phase I topics will be updated to include new material such as table manners and etiquette, table settings, and an updated lesson on internet safety. The new Phase II topics will include youth and finances, Red Ribbon Week topics and activities; drug resistance skills refresher lesson.

DEA NEWS: Nationwide Synthetic Drug Takedown

19 million packets of synthetic drugs seized and \$36 million in cash - July 26, 2012

<http://www.justice.gov/dea/pubs/pressrel/pr072612.html>

WASHINGTON - More than 90 individuals were arrested and more than five million packets of finished designer synthetic drugs were seized in the first-ever nationwide law enforcement action against the synthetic designer drug industry responsible for the production and sale of synthetic drugs that are often marketed as bath salts, Spice, incense, or plant food. More than \$36 million in cash was also seized.

As of today, more than 4.8 million packets of synthetic cannabinoids (ex. K2, Spice) and the products to produce nearly 13.6 million more, as well as 167,000 packets of synthetic cathinones (ex. bath salts), and the products to produce an additional 392,000 were seized.

Operation Log Jam was conducted jointly by the U.S. Drug Enforcement Administration and U.S. Immigration and Customs Enforcement (ICE), with assistance from the Internal Revenue Service Criminal Investigations, U.S. Postal Inspection Service, U.S. Customs and Border Protection, FBI, Food and Drug Administration's Office of Criminal Investigations, as well as countless state and local law enforcement members in more than 109 U.S. cities and targeted every level of the synthetic designer drug industry, including retailers, wholesalers, and manufacturers.

"Although tremendous progress has been made in legislating and scheduling these dangerous substances, this enforcement action has disrupted the entire illegal industry, from manufacturers to retailers," said DEA Administrator Michele M. Leonhart. "Together with our federal, state and local law enforcement partners, we are committed to targeting these new and emerging drugs with every scientific, legislative, and investigative tool at our disposal."

"Today, we struck a huge blow to the synthetic drug industry. The criminal organizations behind the importation, distribution and selling of these synthetic drugs have scant regard for human life in their reckless pursuit of illicit profits," said Acting Director of ICE's Office of Homeland Security Investigations James Chaparro. "ICE is committed to working with our law enforcement partners to bring this industry to its knees."



These products have become increasingly popular, particularly among teens and young adults and those who mistakenly believe they can bypass the drug testing protocols that have been set up by employers and government agencies to protect public safety. They are sold at a variety of retail outlets, in head shops, and over the Internet. However, they have not been approved by the Food and Drug Administration (FDA) for human consumption or for medical use, and there is no oversight of the manufacturing process.

"The synthetic drug industry is an emerging area where we can leverage our financial investigative expertise to trace the path of illicit drug proceeds by identifying the financial linkages among the various co-conspirators," said Richard Weber, Chief, IRS Criminal Investigation. "We will continue working with our law enforcement partners to disrupt and ultimately dismantle the highest level drug trafficking and drug money laundering organizations that pose the greatest threat to Americans and American interests."



"The U.S. Postal Inspection Service aggressively investigates the use of the U.S. Mail system for the distribution of illegal controlled substances and its proceeds. Our agency uses a multi-tiered approach to these crimes: protection against the use of the mail for illegal purposes and enforcement of laws against drug trafficking and money laundering. This includes collaboration with other agencies," said Chief Postal Inspector Guy J. Cottrell of the U.S. Postal Inspection Service.

"The mission of U.S. Customs and Border Protection is to guard our country's borders from people and goods that could harm our way of life," said U.S. Customs and Border Protection Acting Commissioner David V. Aguilar. "We are proud to be part of an operation that disrupts the flow of synthetic drugs into the country and out of the hands of the American people."

Over the past several years, there has been a growing use of, and interest in, synthetic cathinones (stimulants/hallucinogens) sold under the guise of "bath salts" or "plant food." Marketed under names such as "Ivory Wave," "Purple Wave," "Vanilla Sky," or "Bliss," these products are comprised of a class of dangerous substances perceived to mimic cocaine, LSD, MDMA, and/or methamphetamine. Users have reported impaired perception, reduced motor control, disorientation, extreme paranoia, and violent episodes. The long-term physical and psychological effects of use are unknown but potentially severe.

While many of the designer drugs being marketed today that were seized as part of Operation Log Jam are not specifically prohibited in the Controlled Substances Act (CSA), the Controlled Substance Analogue Enforcement Act of 1986 (AEA) allows these drugs to be treated as controlled substances if they are proven to be chemically and/or pharmacologically similar to a Schedule I or Schedule II controlled substance. A number of cases that are part of Operation Log Jam will be prosecuted federally under this analogue provision, which specifically exists to combat these new and emerging designer drugs.

DEA has used its emergency scheduling authority to combat both synthetic cathinones (the so-called bath salts like Ivory Wave, etc.) and synthetic cannabinoids (the so-called incense products like K2, Spice, etc.), temporarily placing several of these dangerous chemicals into Schedule I of the CSA. Congress has also acted, permanently placing 26 substances into Schedule I of the CSA.

In 2010, poison centers nationwide responded to about 3,200 calls related to synthetic "Spice" and "bath salts." In 2011, that number jumped to more than 13,000 calls. Sixty percent of the cases involved patients 25 and younger.

For more information about this operation and synthetic designer drugs, visit www.dea.gov.

NADAP WEBINARS SCHEDULE

All webinars begin at 1300-1400 (CST) and 1700 (CST). Visit the NADAP website for more information. If you have questions, please contact Sara Geer at sara.geer.ctr@navy.mil

How to join the meeting:

1. Register for a DCO account at <https://www.dco.dod.mil>
2. Click the link below to enter meeting. <https://connect.dco.dod.mil/nadapwebinar/>

SCHEDULE & SUBJECT

23 AUG	NDSP Overview
13 SEP	ADMITS Overview
27 SEP	Synthetic Drug Testing
11 OCT	DAPA Responsibilities
25 OCT	ADCO Responsibilities
8 NOV	Prevention Campaigns & How to Order

That Guy Introduces New Videos

We all know *That Guy* – the one who, after one too many drinks, loses control of self or situation with humiliating or embarrassing results. Together, we have seen success in reducing the rate of excessive drinking among the junior enlisted.

The *That Guy* team has developed two brand new instructional videos that demonstrate best practices for implementing the *That Guy* campaign in your community.

First, the new “Introduction to *That Guy*” video will walk you through the history, development and growth of the campaign, its unique approach in addressing binge drinking, and the results that have been achieved.

Second, we have compiled a new “POC Tutorial” video that brings to life a number of our existing instructional guides, including the *That Guy* Campaign Toolkit and POC Checklist. This how-to video depicts the most effective ways for you to implement the campaign based on multiple years of research with the junior enlisted audience, along with some “Do’s and Don’ts” to keep in mind.

And as always, visit www.ThatGuy.com/Resources to order new materials, learn how POCs from around the world are implementing the campaign, and continue to prevent the junior enlisted at your installation from becoming *That Guy*. To view the videos visit: <http://resources.thatguy.com/get-started>



Don't Blow It

Virginia's New DUI Law

<http://dontblowitva.com>

As of July 1 2012, anyone in Virginia convicted of even one DUI will have to get an ignition interlock device installed in their car for six months. So don't let this happen to you or your friends. To learn more visit <http://dontblowitva.com>.

An ignition interlock is a breath test device linked to a vehicle's ignition system. When a convicted drunk driver wishes to start his or her vehicle, he or she must first blow into the device. The vehicle will not start unless the driver's blood alcohol concentration (BAC) is below a preset level. In addition, costs of the interlock are borne by the offender.

According to Mother's Against Drunk Driving (MADD), all-offender interlock laws are widespread. 16 states and a California pilot program (covering a population of over 13 million) have laws requiring ignition interlocks for all first time convicted drunk drivers. As of July 2011, there are approximately 249,000 interlocks in use in the United States.

The New Virginia DUI Law

STARTING JULY 1 ANYONE WHO IS CONVICTED OF **JUST ONE DUI** will be required to have an *ignition interlock device* installed in their vehicle for 6 months, at their own expense.

Here's how it works:

To start your car, blow into the device.

IF YOU'RE UNDER the legal limit, your vehicle will start and you're good to go.

THEN IT WILL RANDOMLY check up on you and make you blow into it.

madd

FY12 STATISTICS

DAARS & DUIs

OCT	345	101
NOV	376	70
DEC	321	116
JAN	361	101
FEB	306	97
MAR	352	113
APR	362	96
MAY	305	72
JUN	263	52
JULY	147	33

MEM POS & TOTAL TESTED

OCT	96	95,072
NOV	123	101,388
DEC	85	89,804
JAN	118	121,204
FEB	108	97,630
MAR	138	100,629
APR	134	98,022
MAY	159	95,634
JUN	143	89,332
JULY	221	86,795